



Solari Community Center

Tracy Wilson Youth Center
3590 Cas Dr., San José 95111

Phone: 408-277-4643

Fax: 408-972-1746

Supervisor: Carolyn Johnson

Email: carolyn.johnson@sanjoseca.gov

Bus Lines: Call VTA @ 408-321-2300

Types of Programs: After-school recreation, fee class, rental, senior, sports, Leagues, youth programs, and special events.

ARTS & CRAFTS

Cartoon Drawing I \$51

This class will teach the elements of telling stories with pictures. Students will learn basic cartooning, drawing, painting, and storytelling. They will learn to write, draw, paint, and self-publish their own comic books. Children will have fun expanding their imagination. This class will require additional supplies to be purchased by the student.

Instructor: Coyle

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.101	Th	9/28-11/16	4:30-5:30pm	5-15	8	SL

Cartoon Drawing II \$51

Children will participate in several drawing activities that allow them to see objects as they really appear. Learn how to draw realistic self-portraits & learn perspective and proportion. Oils, pastels, watercolor, colored pencils, etc. will be used in class. This class will require additional supplies to be purchased by the student.

Instructor: Coyle

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.102	Th	9/28-11/16	5:30-6:30pm	8-15	8	SL

DANCE

Ballet/Tap Beg \$37

Beginning lessons for ballet/tap. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital for tap and for ballet must wear ballet shoes or socks. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.202	Sa	9/30-11/4	10:30-11:25am	3-7	6	SL

Song & Dance \$37

Students will learn dance movements and songs. Students will dance to age appropriate music. Parents are allowed to stay for the first 10 minutes of the first day of class and for the recital.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.208	Sa	9/30-11/4	10:30-11:25am	7-12	6	SL

EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 84.

KinderTots \$280

Children in our KinderTots program have fun in a recreational environment participating in the following activities: Crafts, Stories, Discovery, Dramatic Play, and Music. All activities help children strengthen and develop their Socialization Skills, Hand/Eye Coordination, and Motor Skills. Children will be introduced to and gain a general understanding of numbers, letters, and colors.

- This is an Early Childhood Recreation class.
- Children must be toilet trained.
- This is not a licensed day care program.

Instructor: Rosillo/Medrano

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.301	M-F	9/26-11/3	9am-12pm	3-5	28	SOL
231.2.302	M-F	11/13-12/22	9am-12pm	3-5	28	SOL

TODDLER CLASSES

Little Ninja Fitness Fun \$43

This fun-filled class will give your child a fun workout! Each little ninja will learn basic warm-up exercises, karate moves, and fitness exercises. This is a great way to give your tot the chance to use their energy in a positive way.

Instructor: Camp Carter

Course#	Day	Dates	Time	Age	Mtg	Loc
231.2.201	T	9/26-10/31	10-10:55am	3-5	6	SL

Ballet/ Tap for Tots \$37

Beginning lessons for ballet/tap dancing. Students must wear tap or hard soled shoes for tap and ballet must wear ballet shoes or socks and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

No Class 10/9

Instructor: Dance Arts Academy

Course#	Day	Dates	Time	Age	Mtg	Loc
231.2.204	M	9/25-11/6	10-10:55am	3-5	6	SL

Hip Hop Dance \$37

Explore beginner and intermediate hip hop dance through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and of course, have fun doing it! Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

No Class 10/9

Instructor: Dance Arts Academy

Course#	Day	Dates	Time	Age	Mtg	Loc
231.2.205	M	9/25-11/6	11-11:55am	3-5	6	SL



Our Mission: To support the livability of neighborhoods, offer opportunities for individuals to enjoy life, and strengthen communities of people.

**Kindergymnastics****\$37**

Designed to teach basic gymnastic skills, including movement exploration, balance, and coordination. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course#	Day	Dates	Time	Age	Mtg	Loc
231.2.206	W	9/27-11/1	10-10:55am	3-5	6	SL

Gymnastics: Parent and Tot**\$37**

This is a parent participation class where the parent can work with their child to stimulate development through music, games and body awareness. Only registered participants are allowed in the class.

Instructor: Dance Arts Academy

Course#	Day	Dates	Time	Age	Mtg	Loc
231.2.207	W	9/27-11/1	11-11:55am	1.5-3	6	SL

MUSIC/THEATRE**Guitar****\$43**

Ever wanted to play the guitar like the musicians in your favorite bands? This is your opportunity to learn! This is an intro course into learning to play the guitar, which will include fingerings, note recognition, turning and basic music structure.

Instructor: Camp Carter

Course#	Day	Dates	Time	Age	Mtg	Loc
231.2.401	Sa	9/30-11/4	10-10:55am	12+	6	SL

Piano/ Keyboarding – Level I**\$56**

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony, and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee payable to the instructor will be collected at the first class. Students must bring their own set of headphones.

Instructor: Noteworthy

Course#	Day	Dates	Time	Age	Mtg	Loc
231.2.402	Sa	9/30-11/4	10-10:45am	6-7	6	SL
231.2.403	Sa	9/30-11/4	11-11:45am	8-12	6	SL
231.2.404	Sa	9/30-11/4	12-12:45pm	13+	6	SL

Piano/Keyboard – Level II**\$56**

Must have completed Level I or have prior piano experience.

Course#	Day	Dates	Time	Age	Mtg	Loc
231.2.405	Sa	9/30-11/4	1-1:45pm	6-12	6	SL

SPORTS & FITNESS**Floor Gymnastics****\$37**

Do you like to move? Come and learn basic gymnastic skills such as cartwheels, backbends, and more. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.502	Sa	9/30-11/4	9:30-10:25am	8-12	6	SL

Kindergymnastics**\$37**

Designed to teach basic gymnastic skills, including movement exploration, balance and coordination. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Instructor: Dance Arts Academy

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.506	Sa	9/30-11/4	11:30am-12:25pm	3-7	6	SL

Kajukenbo/Karate**\$70**

This Martial Arts Style incorporates four different methods KA-Korean Karate/Tang Soo Do, JU-Judo/Jujitsu, Ken-Kenpo, BO-Chinese Bosing/Kung Fu. This is a class for people of all ages and physical types. It is designed to develop self-defense, physical fitness as well as conditioning.

Class 1 - 5:30-6:15pm • Class 2 - 6:15-7pm

Class 3 - 7:45-8:30pm • Class 4 - 8:30-9:15pm

Instructor: Reyes

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.511	T/Th	9/26-12/19	5:30-6:15pm	7+	24	SL
231.2.512	T/Th	9/26-12/19	6:15-7pm	7+	24	SL
231.2.513	T/Th	9/26-12/19	7-7:45pm	7+	24	SL
231.2.514	T/Th	9/26-12/19	7:45-8:30pm	7+	24	SL

Tennis Fun for Little Ones**\$60**

Young Children are introduced to tennis and helped to develop the necessary motor skills needed for athletic development. Age specific warm-ups, and instruction will include the new multi-colored foam balls, and a mini net that enhances quicker learning. Instructor will provide racquets for student to use during class. The goal of this program is to have fun while playing, and be taught simplified techniques which will promote coordination and confidence. Class size will be limited to 6-8 students.

Instructor: Silicon Valley Tennis.

Course #	Day	Date	Time	Age	Mtg.	Loc
231.2.507	T	9/26-10/31	2-2:45pm	3-5	6	SL
231.2.508	T	9/26-10/31	3-3:45pm	6-8	6	SL

Jr. Tennis**\$60**

This class is for participants who would like to prepare to be in a league or in a tournament play, or who just want to advance their skill level for social tennis. Lessons and assignments will include additional techniques, spins, adding or subtraction power, conditioning and refining one's accuracy and much more. Skill levels will be assessed and help determine the over all direction of class instruction.

Instructor: Silicon Valley Tennis.

Course #	Day	Date	Time	Age	Mtg.	Loc
231.2.509	T	9/26-10/31	4-4:45pm	9-12	6	SL
231.2.510	T	9/26-10/31	5-5:45pm	13-17	6	SL

SENIOR PROGRAMS**Ceramics****Free**

Bring your own ceramic pieces, and paints, and enjoy painting with friends. Greenware pieces are fired in our kiln for free.

Instructor: DelGadillo

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.801	T	Ongoing	8:30-11:30am	50+		SL

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YOUTH SPORTS LEAGUE

Solari Coed Soccer \$23

Join us for 8-weeks of FUN-petitive Soccer at Solari Community Center. Kids have fun learning basic skills, and meeting new friends in a sport where no score is kept. Soccer fees include supplies, officials, equipment, t-shirt, trophy, and end of season pizza party.

- For information call Adriene Braddock or Sports League Coordinator at 408-277-4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.901	Sa	9/9-10/14	10-11:15am	3-12	6	SOL
231.2.911	Sa	10/21-12/9	10-11:15am	3-12	6	SOL

Flag Football \$23

Join us for 8-weeks of FUN-petitive Flag Football at Solari Community Center. Kids have fun learning basic skills, and meeting new friends in a sport where no score is kept. Flag Football fees include supplies, officials, equipment, t-shirt, trophy, and end of season pizza party.

- For information call Adriene Braddock or Sports League Coordinator at 408-277-4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.902	Sa	9/9-10/14	11:30am-12:45pm	7-12	6	SOL
231.2.912	Sa	10/21-12/9	11:30am-12:45pm	7-12	6	SOL

Drop-In Basketball \$23

Join us for 8-weeks of FUN-petitive Basketball at Andrew Hill High School. Kids have fun learning basic skills through drills, and scrimmage after. Flag Football fees include supplies, officials, equipment, t-shirt, trophy, and end of season pizza party.

- For information call Adriene Braddock or Sports League Coordinator at 408-277-4643.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.903	Sa	9/9-10/14	10am-1pm	7-12	6	SOL
231.2.913	Sa	10/21-12/9	10am-1pm	7-12	6	SOL

Solari Grinders \$40

Come kick and grind at Solari Skate Park this summer! Join us for an 8-week session and skate your heart out doing tricks, grinds, and get help from the Solari Community Center staff.

Course#	Day	Date	Time	Age	Mtg.	Loc.
231.2.907	M/W/F		5-7pm	8-12	13	SOL
231.2.908	M/W/F		5-7pm	8-12	13	SOL

ADULT CLASSES

Aerobic Kickboxing \$43

Want a high energy, fun way to exercise? Then this class is for you! Aerobic kickboxing is great for toning muscles, strengthening your cardiovascular system, and losing weight.

Instructor: Camp Carter

Course#	Day	Dates	Time	Age	Mtg.	Loc.
231.2.701	W	9/27-11/1	6:30-7:30pm	16+	6	SL
231.2.702	Sa	9/30-11/4	9-9:55am	16+	6	SL



Jazzercise \$43

Get fit and have fun with this dance inspired fitness class that is sure to get your energy level up. This class is designed to use basic dance steps and aerobics workout to get a total body workout.

No Class 10/9

Instructor: Camp Carter

Course#	Day	Dates	Time	Age	Mtg.	Loc.
231.2.703	M	9/25-11/6	6:30-7:30pm	16+	6	SL
231.2.704	Sa	9/30-11/4	10-10:55am	16+	6	SL

Pilate \$43

Come and learn the basics of Pilates mat work! These exercise techniques can be used to strengthen and tone your abs, hips and thighs. This class promotes flexibility, agility, good posture, and body awareness.

Instructor: Camp Carter

Course#	Day	Dates	Time	Age	Mtg.	Loc.
231.2.705	Th	9/28-11/2	6:30-7:30pm	16+	6	SL
231.2.706	Sa	9/30-11/4	8-8:55am	16+	6	SL

Yoga (Hatha) \$43

Learn deep relaxation techniques that can remove the stress from your day in this beginning level yoga class. The basic moves of yoga can enhance you physically, mentally, and emotionally to make each day more beautiful. Come learn these great techniques in a relaxing atmosphere.

Instructor: Camp Carter

Course#	Day	Dates	Time	Age	Mtg.	Loc.
231.2.707	T	9/26-10/31	6:30-7:30pm	16+	6	SL
231.2.708	Sa	9/30-11/4	11-11:55am	16+	6	SL



TRACY WILSON TEEN CENTER

A FREE Drop-in recreation program for youth between 12-17 years of age. Program runs from 2-6pm daily. Youth can participate in the following activities: Billiards, Sports, Ping Pong, Tournaments, Workshops, Cooking, Board Games, Crafts, and low cost field trips. There will be three summer barbecues this spring/summer that youth can participate in that could consist of hamburgers, hotdogs, snacks, dessert, and beverages with ice.

Activity	Day	Time
College Fair	11/4	10am-1pm (Light snacks to be served)
Start of Year BBQ	9/5	4-6pm
End Of the Year BBQ	12/15	4-6pm
Arts & Crafts	Wednesday	3:30pm
In The Kitchen	Monday	4:30-6pm
Open Gym	Mon/Wed/Fri	5-7pm
Weight Room	Mon/Wed/Fri	5-7pm
Sports League-Football	9/29	TBA
Wrestling Club	Tues/Thurs	4-6pm
Hip Hop Dance Club	Friday	4-6pm
Fitness Dance Class	Tuesday	2-4pm
Field Trip- Marine World	10/28	10am-8pm
Field Trip- Great America	11/18	10am-8pm
Field trip- Winchester House	12/16	12-3pm

Co-ED Flag Football League

Teen's ages 12-17 are eligible to participate. There will be two divisions a middle and high school division. Games will be played at Solari Park. There will be an End of Season Celebration held on the last day of games for all participants (hotdogs, hamburgers, chips, soda, and ice).

Tryouts: August 28 thru September 8

Middle School Games: Friday's • 5-8pm

High School Games: Saturday's • 10am-3pm

SPECIAL EVENTS

Annual Halloween Bash

\$25 Per Ticket

Meal Deal: \$1.75 (hotdog/hamburger, chips, soda)

Join the Solari Community Center and have fun participating in Halloween themed carnival games and activities. Participants can enjoy making crafts, playing games, winning prizes. Food will be available for purchase (Popcorn, candy, hotdogs/hamburgers, chips, water, soda and ice). Remember to wear your costume!

Thanksgiving Luncheon

Free

Come to Solari Community Center as we present a FREE Thanksgiving lunch to our community as a THANKS for supporting us every year. Bring your family and friends and meet some new people as you eat turkey, with different sides, a beverage, coffee, and dessert.

Keep the Activity Guide

handy as a reference or recycle it by passing it along to a neighbor, friend or coworker.

Flea Market

\$10/Space

Another person's trash is another person's treasure- that's our flea market philosophy. Come to Solari, buy a space, and sell your stuff to people that will treasure it. Doughnuts, Coffee, Hot Chocolate, Hotdogs, Chips, Soft Drinks with ice & Popcorn available for purchase.

Saturday, September 23 • 8am-1pm

Saturday, October 21 • 8am-1pm

Saturday, December 2 • 8am-1pm

Course#	Day	Date	Time	Age	Mtg	Loc
231.4.610	Sa	9/23	7:30am-2pm	NA	1	SOL
231.4.611	Sa	10/21	7:30am-2pm	NA	1	SOL
231.4.612	Sa	12/2	7:30am-2pm	NA	1	SOL

SPECIALTY CLASSES

Seventrees Branch Library is offering two Internet classes:

Finding Websites for Adults is a one-hour class that introduces you to 3 different ways to find websites and use the browser program. As part of the class, you will receive a list of websites that build on the class and include sites for improving your skill in using a mouse and typing.

Using Email for Adults is a one-hour class that helps you set up an email account. You will practice sending and receiving messages. You will also be shown how to attach a file to a message that you send and how to open a file attached to a message that you receive. You will have a reminder of your account name and password to take home for future use. Classes are designed for beginners who have some typing skills and are taught at the Library, 3597 Cas Dr. Classes alternate each week. The same class is held on Wednesday at 11am. and repeated on Saturday at 10am. The next week the other class is taught. Class size is limited to 4. Please pre-register for class by calling the Library at 408-629-4536 to sign up.

Creative Writing

\$43

Do you enjoy writing? Would you like to improve your writing? Then this class is for you. If you have an interest in figurative and imaginative writing this class will allow you to explore the literary world.

Instructor: Camp Carter

Course#	Day	Dates	Time	Age	Mtg	Loc
231.2.TBA	T	9/26-10/31	4-4:55pm	12+	6	SL

Solari Community Center continues on the next page

Anti-discrimination Policy

It is the City of San José's policy to afford all persons equal opportunity by prohibiting discrimination in City's programs against any person on the basis of race, sex, color, age, religion, sexual orientation, actual or perceived gender identity, disability, ethnicity, or national origin. It is the City's policy/goal to expand opportunities for people with disabilities to participate in City services, programs and facilities.



SAN JOSE AFTER SCHOOL

Solari Area

All San José After School sites in district 7 (listed below) begin Tuesday, September 5, 2006. Program hours vary per site, please call 408-277-4643 for more information. The following activities/celebrations will take place at all sites listed below:

Halloween Celebration 4/13

Thanksgiving Celebration 5/5

Winter Celebration 6/2

All sites will have either pizza, drinks, dessert, and ice cream OR hotdogs, drinks, dessert, and ice cream.

- Program is open when school is in session.
- Program is closed on school and city holidays.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering after school programs, please contact 408-277-4643

Types of Programs

Level 1: Homework Assistance. Level one sites offer after school homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.

Please contact your Community Center for more information on program site levels.

Sites	Time
Captain Jason Dahl Elementary School	2-4:30pm
Meadows Elementary School	2:30-5pm
Kennedy Elementary School (Rec Portable)	2:30-5pm
Solari Community Center (Gym)	2:30-5pm
Alma	

* Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).

Like to Skate?

The Roosevelt Roller Hockey Rink is sponsored by the City of San José Parks, Recreation and Neighborhood Services Department. Seasonal roller hockey programs are available for boys and girls ages 6-17, and adult leagues for ages 18+. For more information, please call the rink at 408-286-0195.

Roosevelt Roller Hockey Rink
199 N. 21st Street
San José, CA 95116

Southside Community Center

5585 Cottle Rd., San José 95123

Phone: 408-629-3336 Senior Ctr: 408-629-3435

Fax: 408-365-7135

Supervisor: Tina Wong-Erling

Email: tina.wong-erling@sanjoseca.gov

Bus Lines: 27 and 68

Types of Programs: Fee class, rental, senior programs, senior nutrition, and special events.

GETTING TO SOUTHSIDE

County Transit bus lines #27 and #68 run very close to our Center. #27 stops right in front on Poughkeepsie Road and #68 stops across the street on Cottle Road in front of the Unocal 76 Gas Station. We are down the street from Light Rail.

ARTS & CRAFTS

My First Art Class

\$47

Spend quality time with your young child creating art and having fun together! Each week features a new theme with 5 art stations. Process rather than product is emphasized. Projects are age appropriate with the children having the freedom to explore materials at their own pace and in their own way. The class ends on a musical note with singing and dancing and having too much fun. Parents must attend class with registered child only. Wear your grubbies! Fee includes My first art class t-shirt, which we will print in class.

Instructor: My First Art Class

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.104	W	9/27-10/18	9:30-10:30am	18-36m	4	SS
216.2.105	W	9/27-10/18	10:45-11:45am	2-5	4	SS
216.2.106	W	10/25-11/15	9:30-10:30am	18-36m	4	SS
216.2.107	W	10/25-11/15	10:45-11:45am	2-5	4	SS

Fun with Mud

\$149

Get your hands dirty while you tackle the basics of sculpting forms & experience the joy of slippery clay through your fingers. Students will engage in fun & learning as they take a trip to the museum & explore SJMA's Collection Highlights. Students will create their own ceramic "master piece" inspired by the art they have seen & experienced. All materials included.

No Class 11/23

Instructor: San José Museum of Art

Course#	Day	Date	Time	Age	Mtg.	Loc.
216.2.102	Th	10/5-11/30	4-5:30pm	7-12	8	SS



Don't Miss Out!

Register early because a class may be cancelled if it does not meet the minimum enrollment..